

Age Friendly Community Planning Meeting
Wednesday February 17, 2016
2:00 – 3:30pm
At the Town of Golden Council Chambers

Attendees: Irene Gray, Susan Halvorson, Jane Powell, Jenn Keilty, Mickey Balas, Kate McCarroll, Tanis Brown, Bill Barger, Dave Balding, Leslie Adams, Joy Orr

Regrets: Tricia Bowness, Chris Hambruch, Connie Barlow

Minutes: Ryan Watmough

Website Resources: AFC Plan <http://www.goldenloom.ca/age-friendly.html>

AFC Committee <http://www.goldenloom.ca/afc-committee.html>

Minutes

A. Call to Order: 2:00pm

- Mickey, Interim Chair

B. Review and Approval of Past Minutes: January 20, 2016

- Irene/Susan. Carried.

C. Introductions

- Roundtable.

D. Updates on Items from Last Meeting

- None

E. New Business

1. Guest Speakers:

a. David Balding, Fire Chief, Fire Rescue and Emergency Services

i. Phone: 250-344-6401; email: goldfire@golden.ca

Smoking is highest cause of fire-related deaths

Keep ashtrays out of bedrooms; only use deep ashtrays; avoid using planters

Keep oxygen away from kitchen stove; avoid loose clothing around kitchen; don't use water for grease fires; avoid cooking while drowsy; timers can help remind those using the kitchen

"Stop drop & roll" can cause other health issues with older adults

Space heaters can be problematic

Smoke alarms need to be kept in good working order; change batteries 2x/year; use broom handle to test monthly

In the case of fire, exit plans need to be established & cleared; should have 2 accessible exits; build a 'grab & go bag' for storing next to bedside table; establish an outside meeting place (at neighbours) and be prepared to identify themselves to emergency personnel.

"Legacy furnishings" can engulf a room in flames in under 2 minutes.

b. Jane Powell, Program Manager, Targeted Initiative for Older Workers & Hospitality Program

- i. Phone: 250-344-5901; email: jane.f.powell@gmail.com

Jane made presentations on the TIOW and the potential Hospitality Program through the COTR.

- c. Chris Hambruch, re: garden/community space opportunity

- i. Phone: 250-344-2864; email: hambruchc@gmail.com

Ryan shared the news Chris received from Esso regarding the 11th Ave S property. If you are interested, please contact Chris.

2. Update from the Seniors Centre (Irene Gray)

- Board Elections: new directors elected
- New Horizons Grant Application: still waiting
- CBT CIP/AAP Grant Applications: 1. toilets; 2. Painting
- A 'wish list' is being developed, along with budgets so that they can be planned, prioritized and financed accordingly.
- Leslie has developed a Facebook page for the Seniors Centre, which advertises all of the regular events. Please 'like' it and share.

3. Event & Program Calendars Committee

- January "Age Friendly Calendar ...for 50 plus" Calendar published, printed and posted around town. The online "Age Friendly" Calendar is posted on <http://www.goldenloom.ca/afc-committee.html>.
- ***Action: March events are due now in order to be included in the printed calendar. Post on <http://www.goldenchamber.bc.ca/eventscalendar>.***

4. Access to Care Committee

- "Keep Medical Services In Golden" Facebook Community: Posting for a Diagnostic Medical Sonographer - almost 20,000 people reached, 193 shares, thanks to Karen Wilson (previously, unpaid, achieved 1,621 reached, 11 shares).
- The sonographer position issue has been discussed with IHA and the local physicians.
- Kate finished her fellowship training in geriatric services. She is now doing comprehensive geriatric assessments. Any family doctor can refer to Kate. Trying to establish this service 1 day/week. Targeting those with frequent medical visits or complex medical issues.

5. Transportation Committee

- Joy is trying to figure out how to connect those that are travelling with those that don't have transportation via Golden Share.
- Tanis suggested a connection be made between Golden RideShare & the Golden Seniors Centre Facebook groups.
- Medical bus to Cranbrook remains status quo.

6. Durand Manor Renovation Project

- Update: Chris Hambruch, Ron Oszust & Tanis Brown's met a few weeks ago. This meeting led to a 2016 CBT CIP/AAP grant application for a pergola in the courtyard. A Public Input Meeting will be held on March 1 & 2, @ Civic Centre.
- The renovation project is in a holding pattern with building permits.

7. **Seniors Advocate/Navigator** (update from Mickey)
 - Update: Connie, Ryan & Mickey submitted a 2016 CBT CIP/AAP application. Public Input Meeting will be March 1 & 2, @ Civic Centre.
8. **Men's Shed & Tool Lending Library** (update from Ryan)
 - Interest in concept is being explored. To be discussed at the Men's Services Meeting (Wed. Feb 17, 1pm, Youth Centre)
9. **AFCC Coordinator Sustainability** (update from Ryan)
 - Ryan presented a delegation request on December 15th with a proposal for funding to Council (attached). The proposal calls for 50:50 support from Town of Golden and Area A. AFCC member support was appreciated.
 - *CSRD Area A – Grant In Aid – request submitted January 6, 2016*
 - CBT CDP – we are not eligible. CIP/AAP – for projects rather than programs. PlanH – we are too far along to qualify for the Stream One grant at this time, but not far enough to apply for the Stream Two *grant*.
10. **Additional Items**

F. Next Meeting – March 9, 2016, Council Chambers

- Guest Speakers: None. Meeting will focus on finding funding for coordination.

G. Adjournment – 4:10pm

Anyone interested in helping to make Golden an Age Friendly community is welcome to come to the meetings. Tell your friends, family & colleagues.

Ryan Watmough, AFCC Coordinator, 250-344-8610

nonprofits.gcrs@gmail.com

www.goldenloom.ca/age-friendly.html