Age Friendly Community Planning Meeting Wednesday January 20, 2016 2:00 – 3:0pm At the Town of Golden Council Chambers

Attendees: Irene Gray, Susan Halvorson, Mickey Balas, Jenn Keilty, Chris Hambruch, Michele Rowe, Ron

Oszust, Tricia Bowness, and Ryan Watmough

Regrets: Connie Barlow Minutes: Ryan Watmough

Website Resources: AFC Plan http://www.goldenloom.ca/age-friendly.html

AFC Committee http://www.goldenloom.ca/afc-committee.html

Agenda & Minutes

A. Call to Order: 2:05pm

B. Review and Approval of Past Minutes: December 16, 2015

- Irene/Susan. Carried.

C. Introductions

- Roundtable.

D. Updates on Items from Last Meeting

- 1. New Horizons for Seniors Funding Program
- Golden Seniors Centre: Access to the building/automated doors. AED. Update from Irene. Should know by "January 2016."
- 2. Project Funding Opportunities:
- CBT CIP/AAP applications available now www.golden.ca
- Action: Mickey & Ryan and others to discuss
- CBT Recreation Infrastructure Grants will offer \$3M/year over the next three years, http://cbt.org/newsroom/?view&vars=1&content=Spotlight%20Gallery&WebDynID=3768
- Action: Stay tuned for more details from CBT
- *PlanH* Healthy Communities Capacity Building Fund Round Three, \$5K \$15K. Contact: grants@planh.ca; 250-356-0883; http://planh.ca/funding/roundthree. For "local government with partnerships with your community and health authority in place." Due: January 27/28.
- Amended: We are not eligible for either too far along for Stream 1; and no local agreement exists between municipality and IH, which is required for Stream 2.

E. New Business

- 3. **Guest Speaker:** Elizabeth Brandrick, Seniors' Coordinator, and Helen Lutz, Executive Director, for North Kootenay Lake Community Services Society (NKLCSS)
- helenlutz@nklcss.org and elizabethbrandrick@nklcss.org;
 http://www.nklcss.org/home/section/seniors
- A variety of transportation and senior services were presented and discussed.

- Action: Ron has spoken with local BCAS member, Maggie Fields (<u>mjfields@redshift.bc.ca</u>) who would like to explore the PRIME emergency medical information program and initiate it in Golden. This PRIME system could possibly align with personal 72-hour emergency preparedness plans (Kyle Hale, kyle.hale@goldeneoc.ca).

4. Event & Program Calendars Committee

- January "Age Friendly Calendar ...for 50 plus" Calendar published, printed and posted around town. The online "Age Friendly" Calendar is posted on http://www.goldenloom.ca/afc-committee.html.
- Other events: CBA's "Seniors Financial Abuse" (PDF attached to Agenda); CBAL's "Telling Our Life Stories Writing Class."
- Action: February events are due now in order to be included in the printed calendar. Post on http://www.goldenchamber.bc.ca/eventscalendar.

5. Access to Care Committee (update from Mickey)

- "Keep Medical Services In Golden" Facebook Community: In the last week 1,791 people reached and 97 engaged. Most popular: Posting for a Diagnostic Medical Sonographer (1,621 reached, 11 shares).
- "Make Every Day Count" with Dr. Trina Larsen Soles today, 7-9pm. Register through Ruth Finnie, 250-344-2171.
- There are a number organizations providing emergency medical funds, including: Rotary (\$5-7K), St. Andrews Thrift Store (\$4,500), Local Physicians, and Lions.
- Action: Leslie will look into an Uber-inspired ride model for Golden.

6. Transportation Committee

- Following Ryan's request, HitchPlanet has added Golden as a destination, https://www.hitchplanet.com/trips/golden-bc/, allowing individuals to offer trips to and from Golden.

7. Durand Manor Renovation Project

- Media release in January 13th Golden Star (attached to Agenda)
- Tanis reported (via email) that the construction has started.
- Action: Find out if Denise has written letter to IHA.
- Action: Chris Hambruch & Tanis to meet next week.

8. Seniors Advocate/Navigator (update from Mickey)

- Moving into Mountain View. The space is quiet and much appreciated. Thank you Tricia!
- It is noted that there are always 25 people on the Mountain View independent living wait list, while there is a short list for assisted living spots.
- We can refer seniors to Mickey who need help getting their seniors supplement forms completed & submitted (250-344-6866).
- Action: Mickey will research funding options (and circle back with Ryan, Connie, Monica, Denise).

9. Men's Shed & Tool Lending Library (update from Ryan)

- Interest in concept is being explored.
- Action: This concept project will be brought to Joy & the GoldenShare group, when Joy returns.

10. AFCC Coordinator Sustainability (update from Ryan)

- Bill Barger of BCCRN has offered some support (\$1,500/yr) if Golden starts a Community Response Network.
- Ryan presented a delegation request on December 15th with a proposal for funding to Council (attached). The proposal calls for 50:50 support from Town of Golden and Area A. AFCC member support was appreciated.
- CSRD Area A Grant In Aid request submitted January 6, 2016
- Action: Ryan to plan to make a request to CBT CDP, CIP/AAP; UBCM find out what is available and when.
- Update from Kerri Wall re: PlanH

I know you are leaving no stone unturned in your search for funding to continue the important work of implementing the recommendations from your age-friendly community plan, but I doubt the PlanH capacity building grants are a good fit for Golden at this time. Here's why: The Stream One grants are called 'the seed stream' and they are for healthy community projects that are just starting – and that's not the case with the age-friendly work you have done. You can get all the details about the Stream One grant here: http://planh.ca/sites/default/files/hccbf round three – application guide – seeding stream 01.08.15.pdf

Further, the Stream Two grants, 'the grow stream', are for communities that already have multisector work underway which involves the municipality, the health authority, and the community — and I don't know how involved the Town of Golden is with the age-friendly plan at this time. Do you think they would be eager to partner? In order to qualify for this grant the municipality needs to have a partnership agreement with the health authority, and I asked the Town of Golden when I came to present to them in March to partner with me but they have yet to move on my offer. I tried to follow up a few times on this but got no bites. Also, that grant stipulates that your multi-sectoral leadership team attend a mandatory webinar next week; if you can't do that then no application for you. Sorry L

More on the Stream Two grant here: http://planh.ca/sites/default/files/hccbf_round_three _application_guide_-_growing_stream_01.08.15.pdf

I would love to get a partnership agreement happening with the Town of Golden, so if you think they are interested please encourage them to get in touch.

In short, it seems to me the age-friendly project is too far along to qualify for the Stream One grant at this time, but not far enough to apply for the Stream Two grant. Is that your sense if it too?

11. Additional Items

- None.

F. Next Meeting – Wednesday February 17, 2016

• Guest Speakers: TBC – GoldenShare and/or Durand Family Council.

G. Adjournment – 4:10pm

Anyone interested in helping to make Golden an Age Friendly community is welcome to come to the meetings. Tell your friends, family & colleagues.

Ryan Watmough, AFCP Coordinator, 250-344-8610 nonprofits.gcrs@gmail.com www.goldenloom.ca/age-friendly.html