

Age Friendly Community Planning Meeting
Wednesday August 19, 2015
3:00 – 4:30pm
At the St. Andrews United Church & Centre for Peace (901 11 Ave N)

Attendees: Denise English, Connie Barlow, Michele Rowe, Mickey Balas, Melanie Myers, Jane Powell, Shelly, Ruth Finnie, Jan Rodman, Katherine Fiebig, Bill Barger, Elina Salonen, Jean-Gaston DesCôteaux, Kathy Charlton, Leslie Adams, Sheldon Dwyer, Erin McInnes, Tanis Brown, Michele Rowe

Regrets: none

Minutes: Ryan Watmough

Website Resources: <http://www.goldenloom.ca/age-friendly.html>

Agenda

A. Call to Order: 3:05pm

B. Review and Approval of Past Minutes (July 15, 2015; circulated)

Motion: Leslie Seconded: Sheldon

C. Introductions

- Roundtable. Denise English thanked Michele Rowe and **St. Andrews United Church & Centre for Peace** for hosting the meeting.

D. Updates on Items from Last Meeting

1. New Horizons for Seniors Funding Program

- Golden Seniors Centre: Access to the building/automated doors. AED. Application has been received.
- *Connie circulated a provincial link for grants. Announcement for AFCP funding has not been issued (likely September). 25 grants up to \$25K for BC. Funding from BC MoH, "light on capital" funding, heavy on programing. Eg. Could cover transportation \$ to get seniors to other programing.*
- *Denise suggests looking at the priorities of the AFCP before developing a project proposal (see GoldenLoom.ca).*

2. Officially recognition of Golden as an Age Friendly Community by AFBC

- AFBC suggested an event or small project (like a bench) or AFCP signage (locations and types).
- The Town of Golden has received the \$1,000 and has hung the poster in Council Chambers.
- Draft request: *"Given that many volunteers contributed to the creation of an AFCP for Golden, the AFCC would recommend that the \$1,000 from AFBC go to an age friendly project, like a covered bench in Spirit Square or other suitable location."*
- Denise English will finalize and submit the request to Council.

E. New Business

3. Guest Speaker: Bill Barger, BC Community Response Networks (BCCRNS)

- Presentation: **Elder Abuse Awareness Training**
- bill.barger@bccrns.ca; 250-304-8626; <http://www.bccrns.ca/generated/homepage.php>

- BCCRNS is a provincially funded organization, focused on developing and supporting response networks for vulnerable adults (18+ years of age)
- We are welcome to join the provincial BCCRNS and local BCCRN out of Cranbrook.
- Will share presentations and resources. Will provide training for others.
- Bill provided an overview of “See it. Name it. Check it.” elder abuse program
- Guiding Principles: 1) Broad inclusion, 2) Meaningful participation, 3) Power-sharing, 4) Assume ability/build capacity.
- Training opportunity for future presenters: Vernon, in the fall.
- CRNs develop a coordinator response through workshops, increased professional awareness, community-focused committee/team (flexible structure to adjust with the changing issues, circumstances). Members could include police, churches, community service organizations, etc.
- “It’s not right” is the presentation for the public.
- Police are a large source of referrals, as are the general public.
- CRNs are in Creston, Cranbrook; starting in Fernie with the Salvation Army, Better at Homes in Invermere.

4. **Review of Action Plan**

- Last updated in July 2015 (<http://www.goldenloom.ca/age-friendly.html>)
- Ryan Watmough updated the table as requested.
- This plan takes the Committee from project idea to application.

5. **Event & Program Calendars Committee**

- Connie, Tanis, Ryan & Ruth H are on the committee. Connie provided a verbal report.
- Calendar Input: All age friendly related programs & services
- Format: Online input → collaborative printing/distribution
- Connie met with Ruth from the Chamber of Commerce
- CVCU has contributed \$1,500 towards the calendar, along with a few other businesses.
- **Action:** 1st Calendar will likely come out in October. Public recognition of donors will occur with the 1st Calendar.
- **Action:** The Committee will look into including this calendar in The Golden Star & Golden Weekly.

6. **Access to Care Committee** (update from Mickey)

- Letter to the Editor was published in Golden Star last week
- Issues & Solutions Table
- UBCM & other communities
- **Action:** Like and engage on “Keep Medical Services Local” on Facebook Community page.
- J-G has shared some local healthcare data.
- **Action:** Mickey Balas is collecting local healthcare stories. Eg. One patient was transported 1,274km over 3 days. Stories will be sent to the MLA (Norm Macdonald) and Minister of Health (Terry Lake) as they come in. Mel Myers and Mickey will look at a disclosure/release form for volunteering patients.
- Local physicians are collecting anonymous data on care pathways and the challenges with them.
- Collaboration between Golden, Invermere and Nelson local elected officials is being encouraged by Ryan Watmough and Kerri Wall so that they can present a unified and prioritized front at UBCM and meetings with Minister of Health Terry Lake.

7. **Seniors Helping Seniors Committee** (update from Jan)

- Jan Rodman is working with Joel Tansey at The Golden Star toward increasing the awareness of seniors-focused programs.
- Better At Home program, 67 communities involved in a pilot project across BC. Ryan will hear from the program manager to determine if Golden can participate before 2017 – the next official intake. If necessary, a letter to the MLA and Minister of Health will be written requesting support.
- There are a number of different initiatives from nearby communities that we can look toward to solve local issues.

8. **Transportation Committee**

- No activity to report.

9. **Durand Manor Renovation Project** (update from Tanis)

- Annie Hammond fund to replace “round room” and increase it 1.5x.
- Courtyard and sidewalks may also be examined and a larger community project developed.
- The ground-breaking is scheduled for December.
- There will be a meeting with IH staff on September 15th, 9am. Contact Ryan if you want to attend.

10. **Seniors Advocate/Navigator**

- This is a ‘need,’ but there are no resources currently available.
- Mickey will continue to work on it.

11. **Age Friendly Awareness: Jul 18 – Aug 17, 2015** (update from Ryan)

- GoldenCommunityResources.ca: 205 users, 473 page views; 2 pages/viewer.
- GoldenLoom.ca: 215 users, 882 page views; 4 pages/viewer.
- The Golden Star: 1,497 mailed; 642 + 25 store sales; 18 online/week.
- [Keep Medical Services Local](#) – Facebook Community: 307 Likes, 139 total reach.

12. **Additional Items –**

- On Thursday September 10, at 7pm, Kristi McGregor will be offering a workshop on “Mind, Body Connection Meditation” @ Element Therapeutics (room for 10 people). Contact Ruth Finnie for more information.

F. Next Meeting – Wednesday September 16, 3pm, TBD

- **Guest Speaker: Corrine Younie, Coordinator, Age Friendly Community Initiative, Nelson Cares Society** (September 16)
 - Presentation via Skype
 - seniorsproject@nelsoncares.ca; 250.352.2708
- **Guest Speaker: Janice Murphy, Kaslo** (November 18)

G. Adjournment – 4:30pm

Anyone interested in helping to make Golden an Age Friendly community is welcome to come to the meetings. Tell your friends, family & colleagues.

Ryan Watmough, AFCP Coordinator, 250-344-8610

nonprofits.gcrs@gmail.com

www.goldenloom.ca/age-friendly.html