

# AGE FRIENDLY COMMUNITY ACTION PLAN

Date: January 2015, updated August 2015

| Goal and timeline   | Actions – What will be done?<br>Who will do it?  | Requirements – What will be required to meet the goals and effectively employ actions?  | Indicators of Success   | Updates  |
|---|--|---|---|--|
| Create a senior’s advocate position to assist older adults, provide guidance by September 2015  | <ul style="list-style-type: none"> <li>- Speak and meet with Seniors Centre to see level of interest</li> <li>- compile need statistics around need in community</li> <li>- Mickey Balas</li> </ul>  | <ul style="list-style-type: none"> <li>- look at CBT grant availability</li> </ul>  | Level of use by seniors and their supporters  | <ul style="list-style-type: none"> <li>- The seniors that Mickey spoke with are interested in having an older person take on this position</li> </ul>          |
| Provide Elder Abuse Awareness Program by January 2016   | <ul style="list-style-type: none"> <li>- Letter of intent for grant has been sent</li> <li>- Bring training to Golden Golden Community Resources Society</li> <li>- Ruth will take it to Victim services</li> </ul>  | <ul style="list-style-type: none"> <li>- Grant approval (CREA)</li> </ul>   | Program availability and awareness  | <ul style="list-style-type: none"> <li>- The Women’s Centre did not get the funding for this program</li> <li>- Elina is looking into other options</li> </ul> |
| Hire an Age Friendly Committee Coordinator by April 2015  | <ul style="list-style-type: none"> <li>- apply for CBT CIP grant by Feb 11</li> <li>- present at CIP meeting at March 4</li> <li>- look into other funding sources if necessary such as BC Hydro, Credit Union, Senior Horizons</li> <li>Jim and Susan Halvorson, Monica De</li> </ul> | <ul style="list-style-type: none"> <li>- time to write the grant and present</li> <li>- letters of support</li> <li>- grant approval</li> </ul> | <ul style="list-style-type: none"> <li>- The Age Friendly Committee has a coordinator that has the time and skills to oversee, promote and encourage the implementation of the AFCP, organize regular meetings, and look for other sources of funding to sustain the position and work on the AFCP</li> </ul> | <ul style="list-style-type: none"> <li>- Action completed</li> </ul>   |
| Prioritize maintenance and clearing of sidewalks and pathways year-round to enable safe passage | <ul style="list-style-type: none"> <li>- ToG increase priority of paths/sidewalks – specifically Hwy 1 from overpass to Upper Donald Golden Rd</li> </ul>  | <ul style="list-style-type: none"> <li>- cooperation from ToG</li> <li>- town/public buy-in</li> <li>- more awareness</li> </ul>                | <ul style="list-style-type: none"> <li>- more activity, better health, more accessibility, less isolation</li> </ul>  |  |

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|  | <ul style="list-style-type: none"> <li>- public gravel boxes to deal with ice patches</li> <li>- slip on ice traction devices for shoes program</li> </ul> <p>Joy Orr, Susan and Jim</p>             |  | <ul style="list-style-type: none"> <li>- safer, less icy paths</li> <li>- more security/safety</li> </ul> |   |
| Provide conduit between seniors and meal providers by Feb 2015 | <ul style="list-style-type: none"> <li>- Contact businesses and seniors to determine need and desire</li> <li>- Glenn F will follow up with GFBS &amp; report back &amp; to SHS Committee</li> </ul> | - Demonstrated need  | - Seniors will have greater access to quality, prepared meals   | - “Seniors Helping Seniors” Committee will come together (Jan, Leslie, Jim, Monica, Katherine, Tanis) and design program; then find resources |
| Smart Phone & Tablet – education and awareness                 | <ul style="list-style-type: none"> <li>- Courses (through COTR)</li> <li>- info session</li> <li>- peer to peer</li> <li>- Meet with Mike Symons, re: drop in; intergenerational program</li> </ul>  | <ul style="list-style-type: none"> <li>- funding, facilitator</li> <li>- Ask Mike re: support/guidance, Monica re: CBAL funding</li> </ul> |   |   |
| Personal Interest Courses and Programs                         | <ul style="list-style-type: none"> <li>- Identify interest areas</li> <li>- Identify benefits</li> </ul>   | - Enough participants to make a course viable  |   |   |
| Community Ambassador Program                                   | <ul style="list-style-type: none"> <li>- Volunteers</li> <li>- Provide ‘in the street community info/ assistance</li> <li>- Each of us will be Ambassadors and encourage others to be too</li> </ul> | - Ranges from the informal to the formal   |   |   |
| Look into transportation for seniors                           | <ul style="list-style-type: none"> <li>- See what is available through BC transit</li> </ul>   | - Time to do the research  |   |   |